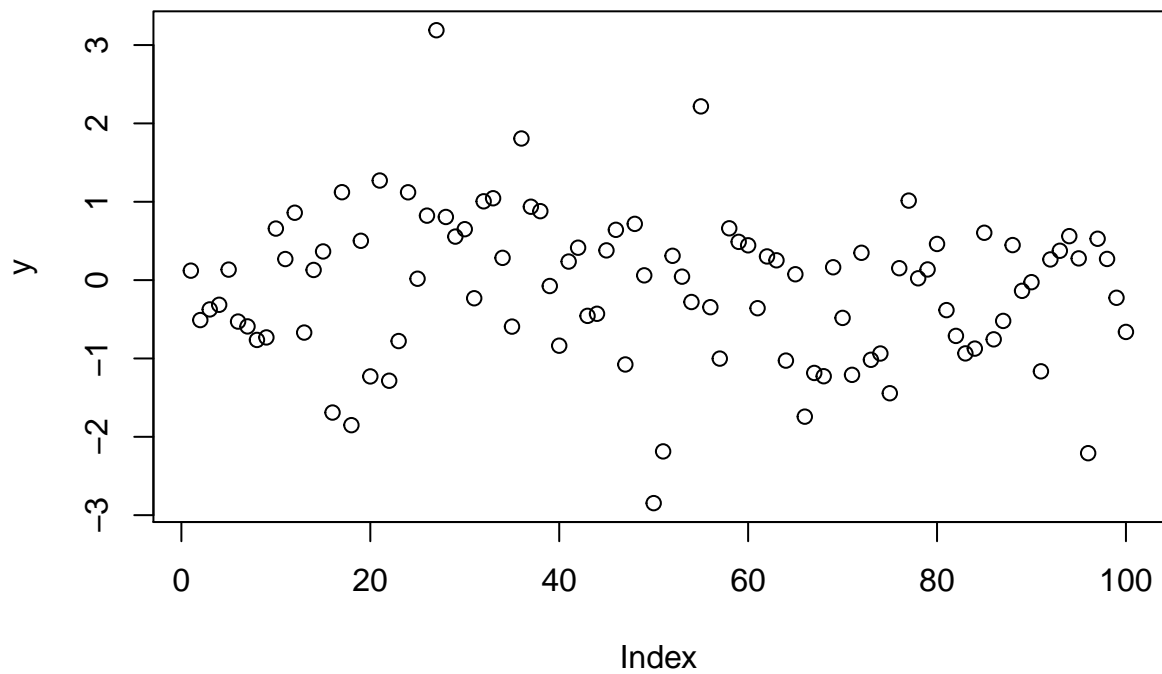# Example

first heading

some text

second heading

will include some code now

```r
y <- rnorm(n = 100)
plot(x = y)
```


text after code and graph

third heading

again some text